

Somatic Experiencing® Certification Participant Sessions Log

Session Level Requirements	Personal SE Sessions	Individual or Group Case Consult
Beginning	4 hours	4 hours
Intermediate	4 hours	6 hours
Advanced	4 hours	8 hours
3-Year SEP Totals	12 hours	18 hours

Name (please print): _____

DATE	SESSION LEVEL (Circle One)	SESSION TYPE (Circle One)	LENGTH (In Hours)	PROVIDER NAME (Print) and SIGNATURE
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
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	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		

- Note:**
- * Participants must receive a **minimum of 4 hours** of the required 18 hours of Case Consultation in an **Individual Case Consultation** format. This will insure that all requirements will not be met without a participant ever personally presenting a case.
 - * Participants must have a **minimum of 6 hours** of the required 18 hours of **case consultation with an FHE faculty member**. This can be either in the Group or Individual Case Consultation venue.
 - * **3 hours of group case consultation is equal to 1 hour of individual case consultation.**

Please forward original logs to the FHE upon the completion of required hours for SEP certification. Keep a copy for your records; participants are responsible for tracking their own session hours.