

The Foundation for Human Enrichment

presents two courses taught by

Kathy L. Kain

SE TOUCH FOR BODYWORKERS

July 27-29, 2007

Berkeley, California

This course is designed to deepen SE skills in a bodywork context. The emphasis will be on hands-on methods for working with the types of trauma-related injuries commonly encountered in bodywork and touch-oriented practices: high-velocity injury, physical injury sustained during traumatic events, surgery recovery, and traumatic stress symptoms manifesting in such physical forms as pain syndromes. We will also cover the scope of practice, legal, and ethical issues related to combining bodywork and SE.



The class presumes a basic proficiency in touch/bodywork skills, and is open to SE practitioners (SEP's) and students who have at least completed Intermediate I. This course is currently offered as a single 3-day workshop, but if there is sufficient interest for an ongoing training, this will be offered in the future.

TOUCH TRAINING FOR PSYCHOTHERAPISTS

This course was specifically developed for SE practitioners in the mental health fields who want to deepen their understanding of body-based awareness and expand their touch-related skills for use in S.E. sessions. This program is designed for students who have graduated from the S.E. training, but is also open to those who have completed the Intermediate level. The primary focus of the program is on developing tactile, body awareness and other touch-related skills in the context of working with the resolution of trauma. While the program presumes that participants are open to incorporating touch into their practices in some form, the skills that will be learned can be adapted for use in practice settings that do not support actual physical contact with clients.



The course will be offered in two levels, each made up of two modules (of four days each). For those interested in acquiring basic touch skills to be used in the SE context, the Foundation Level (a total of 8 training days) will provide a solid set of skills for using touch-oriented interventions. For those wishing to continue on into a deeper understanding of the use of touch, the Certificate Level is offered (made up of an additional 8 training days, for a total of 16 training days to complete the certificate course). Each level of the course also requires 2 personal sessions and 2 case consultations for completion.

Berkeley: **Foundation Module 1:** September 28–October 1, 2007
Foundation Module 2: February 8–11, 2008

Certificate Module 1: June 27–30, 2008

Certificate Module 2: November 7–10, 2008

Note: Participants must have completed the two Foundation modules prior to continuing with the Certificate level.

An additional cycle of the Touch Training will begin in Victoria, British Columbia in early 2008.

Detailed class flyers for all courses above are available at the FHE web site, listed under Post-advanced trainings:

www.traumahealing.com

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