



# ***Somatic Experiencing®: A New Paradigm for Healing Emotional and Physical Trauma***

The essential principles and applications of Somatic Experiencing® presented as a team-based approach

**Wednesday, February 27<sup>th</sup>  
4:30-6:00 p.m.**

**Nighthorse Campbell Native Health Building: Conference Room 204  
University of Colorado Denver, Anschutz Medical Campus  
13055 East 17<sup>th</sup> Ave. (at Ursula St.), Aurora, CO 80010**

**About Somatic Experiencing®** Research shows that trauma can change the structure and function of both the brain and the body, leading to a host of physical and emotional symptoms and diseases. One must therefore address the body to heal trauma. Dr. Peter Levine, author of *Waking the Tiger*, developed *Somatic Experiencing® (SE)* after a 30-year career in the study of trauma in humans and animals. He understood that trauma symptoms often represent incomplete, fixated lower brain functions of the fight/flight/freeze response. SE is a unique body-based technique that facilitates this completion. This leads to integration of cortical and lower brain functions, and eliminates the residual distortion of memory and autonomic functions that characterizes PTSD.

**This FREE lecture is sponsored by  
Foundation for Human Enrichment, training professionals in Somatic Experiencing®.**

**Register by emailing [info@traumahealing.com](mailto:info@traumahealing.com) and referencing "DENVER IN-SERVICE".  
1.5 CEUs available through National Board of Certified Counselors (NBCC).  
Cost of CEU certificate is \$15.00**

**Ana Do Valle, OTR, SEP**, is an occupational therapist who specializes in affect regulation with children, infants and adults. She is a body-centered therapist certified in Sensory Integration and Neuro Developmental Treatment.

**Teri Sullivan Lutz, MS, MA, LPC, SEP**, is a psychotherapist in private practice in Denver, with more than 20 years of counseling experience. Teri uses Somatic Experiencing® with clients to resolve a wide range of overwhelming life experiences and conditions including accidents, medical trauma and abuse.

**Robert Scaer, MD**, is board-certified in neurology and has been in practice for 36 years, 20 of those as Medical Director of Rehabilitation Services at the Mapleton Center in Boulder, CO. His primary areas of interest and expertise have been in the fields of traumatic brain injury and chronic pain and, more recently, the study of traumatic stress and its role in the physical and emotional symptoms of disease. Dr. Scaer has published two books, *The Body Bears the Burden: Trauma, Dissociation and Disease*, and *The Trauma Spectrum: Hidden Wounds and Human Resiliency*.

**For additional information [www.traumahealing.com](http://www.traumahealing.com) or call 303-652-4035 x 10**