



Ana do Valle, OTR, SEP

Ana is an Occupational Therapist who specializes in self regulation with infants (birth trauma), children and adults. She is a body centered therapist, certified in Sensory Integration and Neuro Developmental Approach. She has experience working with trauma resultant from cultural fragmentation and she has studied cross-cultural perspectives of trauma with indigenous and shamanic communities in South America.

Ana has 25 years experience in the area of Physical Medicine. She has worked with clients suffering from Fibromyalgia, Reflex Sympathetic Dystrophy (RSD), Chronic Pain and other diagnosis related to the autonomic nervous system dysregulation.

Ana is approved to provide individual and group supervision sessions for all levels of Somatic Experiencing Practitioners.

Dorée Baker-Newbery M.S., CAC III, MAC

Dorée utilizes body centered approaches in treating addiction, trauma and emotional/physiological dysregulation.

She incorporates mindfulness practices to facilitate resilience and healing.

Dorée is currently facilitating DBT/Relapse Prevention and Life Skills Groups within Boulder County.

Sensory Processing Disorder (SPD) and its Implication in Trauma Resolution

Sensory Processing Disorder is recognized as a major contributor to difficulties with self regulation in children, adolescents and adults in our society. It is commonly present in conditions of anxiety disorder, post-traumatic stress disorder, mood disorders, addictions, ADHD and learning disabilities.

Difficulties regulating activity level, attuning and making sense of sensory input are signs of Sensory Processing Disorder. It may involve sensitivity (avoidance) to various sensory stimuli (sound, sight, smell, taste, movement, touch). The ability to modulate emotional and behavioral responses is impaired when Sensory Processing Disorder is present.

This workshop is an experiential based training that will provide screening tools for identifying Sensory Processing Differences. In addition it will provide practical intervention techniques for regulating sensory motor processing skills.

LEARNING OBJECTIVES:

1. Identify and define Sensory Processing Disorder and its relationship with Trauma.
2. Identify Sensation Seeking and Avoiding behaviors that are present in SPD and Trauma
3. Identify nutritional factors and influence of diet in enhancing self regulation
4. Learn how sensory motor based activities can support and enhance the systems ability to regulate and adapt
5. Explore the Heart and Brain connection as a strategy to promote self regulation: a case study
6. Basic Meditation Practices to enhance Self Regulation: Accessing the Natural Rhythm of the Body & Earth Breathing

Date: June 20 & 21, 2008

Time: 9:00am – 5:00pm

Location: Boulder, Colorado

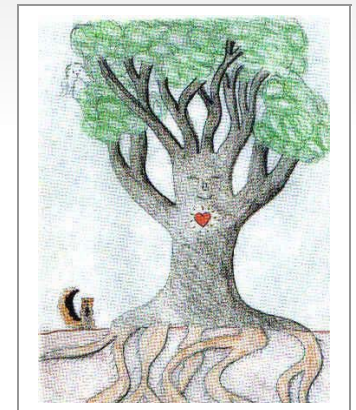
Cost: \$275.00

**Registration: anadovalle@comcast.net
303.618.5328**

- Understanding the correlation in between Sensory Processing Disorder and Trauma: physiology and screening tools
- Identify and understand problems with specific sensory systems (tactile, visual, vestibular, proprioceptive, gustatory, olfactory)
- Basic principles and ideas for applying a sensory based approach therapy model when addressing Sensory Processing Disorder related to Trauma
- Practical suggestions for preventing sensory overload at school and in the community (children and adults)
- Basic Meditation Practices for enhancing Self Regulation

Place
Stamp
Here

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