

# Somatic Experiencing® Practitioner Certificate Required Sessions Log

Training Level	Personal SE Sessions	Individual or Group Case Consult
Beginning	4 hours	4 hours
Intermediate	4 hours	6 hours
Advanced	4 hours	8 hours
3-Year SEP Totals	12 hours	18 hours

Name (please print): \_\_\_\_\_

DATE	SESSION LEVEL (Circle One)	SESSION TYPE (Circle One)	LENGTH (in hours)	PROVIDER NAME (Print) AND SIGNATURE
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		
	BEG INT ADV	PERSONAL INDIVIDUAL CASE GROUP CASE		

## Note:

- \* Participants must receive a **minimum of 4 hours** of the required 18 hours of Case Consultation in an **Individual Case Consultation** format. This will insure that all requirements will not be met without a participant ever personally presenting a case.
- \* Participants must have a **minimum of 6 hours** of the required 18 hours of **case consultation with a SE Trauma Institute faculty member**. This can be either in the Group or Individual Case Consultation venue.
  - **3 hours of group case consultation is equal to 1 hour of individual case consultation.**
- \* The **SE Trauma Institute** encourages participants to obtain sessions from a variety of providers so that you may benefit from their experience of being taught by the various members of the **SE Trauma Institute** faculty.

*Please forward original logs to the **SE Trauma Institute** upon completion of total required hours for SEP certificate. Keep a copy for your records; participants are responsible for tracking their own session hours.*

**SE Trauma Institute**  
**6685 Gunpark Drive Suite 102, Boulder, CO 80301**  
**Ph: 303.652.4035 Fax: 303.652.4039 [www.traumahealing.com](http://www.traumahealing.com)**