

Sensation Game™

For individuals, families and groups, ages 5 – adult

"As a faculty member of FHE and an SEP who works with kids, I strongly endorse the Sensation Game™ as a valuable tool to help kids and families get in touch with their sensations and to play games that encourage face to face interaction." Maggie Kline, MFT, SEP, co-author of Trauma Through A Child's Eyes, and Trauma Proofing Your Kids



"The Sensation Game™ is a wonderful tool that encourages children and adults to develop a relationship with the body. It incorporates the stepping stones in building the language one can use to attune to the body. It fosters embodiment and empowerment, the gateway to resilience and healing."

Ana do Valle, OTR, SEP

A gentle, fun, therapeutic game to help clients and families feel more connected ~ to their own nervous systems, to each other, and to the world around them. Activities focus on building skills in grounding and settling, orienting, resourcing, tracking sensations, and social engagement. The complete game includes a Sensation Bag and Mat, a dozen objects with varied textures including rocks, shells, feathers, wood, rabbit fur, "natural feeling" frog or lizard, modeling clay, sand (saucer not included) and 54 therapeutic activity cards. Fabric & natural objects will vary.

Inspired by Somatic Experiencing® and Trauma Through A Child's Eyes by Peter Levine & Maggie Kline.

Sensation Game™ Complete: \$59.95*

Sensation Game™ Activity Cards & Bag: \$20.50*

(*plus shipping to US, Canada, Europe, Asia)

To Order: www.sensationgame.com (PayPal available)