



Introduction to Somatic Experiencing®

Coming to Whistler, B.C.

Jan. 12, 2012

Somatic Experiencing® (SE), developed by Peter Levine, PhD, is a comprehensive clinical approach to trauma healing, taught to professionals around the world. Its naturalistic orientation works with nervous system conditioning in the wake of traumatic stress. Trauma responses and trauma healing are rooted in the ability or failure of the biology to make fluid phase transitions out of and between emergency states of fight, flight and freeze. Recognizing the inherent tendency toward self-reorganization, people can heal from the most arduous traumas once they learn this natural language of the body. The result is a return to aliveness, instinct, and connection to life in the here-and-now.

The SE® training, offered in over 15 countries around the world, provides participants with the knowledge and skills required to effectively treat post traumatic stress in a wide variety of clinical and educational settings. In addition, it has been found that the SE approach is effective in the treatment of developmental and shock trauma and recent research has confirmed that the approach is effective in the treatment of post-disaster trauma symptoms.

For more information on Somatic Experiencing and the Somatic Experiencing Trauma Institute
www.traumahealing.com

The Whistler SE® Introduction will be presented by
Catherine Fallis PhD., RCC, and S.E.P.



Catherine is in private practice as a Psychotherapist in Vancouver. She has been a School Counsellor for a number of years as well as a group and retreat facilitator. Catherine has assisted at S.E.® trainings in Vancouver, Victoria, Seattle, San Francisco and Hong Kong.

Registration Fee is \$40

If you register for the Beginner Training in March the Introduction fee will be deducted from your training fee.

Full Training Dates:

Beginning I: March 2-5, 2012

Beginning II: June 15-18, 2012

Beginning III: September 21-24 2012

Register early/ Space is limited

Introduction Presentation Location and Time: 8613 Forest Ridge Dr., just

5 Km. north of the main village of Whistler in the alpine meadow. 6- 9 p.m.

Refreshments will be served.

For registration and further information contact.

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