



Somatic Experiencing® Introductory Workshop

Presented by: Catherine Fallis PhD., RCC, and S.E.P.

Saturday January 14, 2012

Time: 9:30 AM - 12:30 PM

Erickson College

2021 Columbia St., Vancouver
(at 4th Ave. 3 blocks east of Cambie)

Somatic Experiencing® (SE), developed by Peter Levine PhD, is a comprehensive clinical approach to trauma healing taught to professionals around the world. Its naturalistic orientation works with nervous system conditioning in the wake of traumatic stress. Trauma responses and trauma healing are rooted in the ability or failure of the biology to make fluid phase transitions out of and between emergency states of fight, flight and freeze. Recognizing the inherent tendency toward self-reorganization, people can heal from the most arduous traumas once they learn this natural language of the body. The result is a return to aliveness, instinct, and connection to life in the here-and-now.



Catherine has worked as a body-oriented and expressive arts therapist for over 20 years in Vancouver, both in private practice and in the public school system. She completed the SE professional training in 2004, and has assisted at over 30 SE training modules in Canada, the U.S. and Hong Kong. She is an experienced

group and retreat facilitator.

Introductory Workshop \$40

(If you register for the Beginner Training in March the Introduction fee will be deducted from your training fee.)

For registration and further information contact:

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or

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The next **Somatic Experiencing® Training Program** will be taught in Vancouver by Berns Galloway & Linda Stelte, faculty members of the Somatic Experiencing Trauma Institute.

Full Training Dates:

Beginning I: March 2-5, 2012

Beginning II: June 15-18, 2012

Beginning III: September 21-24, 2012

For more information on SE Trainings & Certification:

www.traumahealing.com

Somatic Experiencing training may be of particular interest to psychologists, counsellors, social workers, physiotherapists, massage therapists, yoga instructors, spiritual leaders, occupational therapists, nurses, doctors, youth and childcare workers, and those who are in health and wellness professions.