



Somatic Experiencing® Introductory Workshop

Webcast presented by: Catherine Fallis PhD., RCC, and S.E.P.

Saturday January 14, 2012

Time: 9:30 AM - 12:30 PM

Kelowna Family Centre,
#204 – 347 Leon Ave, Kelowna

Somatic Experiencing® (SE), developed by Peter Levine PhD, is a comprehensive clinical approach to trauma healing taught to professionals around the world. Its naturalistic orientation works with nervous system conditioning in the wake of traumatic stress. Trauma responses and trauma healing are rooted in the ability or failure of the biology to make fluid phase transitions out of and between emergency states of fight, flight and freeze. Recognizing the inherent tendency toward self-reorganization, people can heal from the most arduous traumas once they learn this natural language of the body. The result is a return to aliveness, instinct, and connection to life in the here-and-now.

The next **Somatic Experiencing® Training Program** will be taught in Vancouver by Berns Galloway & Linda Stelte, faculty members of the Somatic Experiencing Trauma Institute.

Full Training Dates:

Beginning I: March 2-5, 2012

Beginning II: June 15-18, 2012

Beginning III: September 21-24, 2012

For more information on SE Trainings & Certification:

www.traumahealing.com



Catherine has worked as a body-oriented and expressive arts therapist for over 20 years in Vancouver, both in private practice and in the public school system. She completed the SE professional training in 2004, and has assisted at over 30 SE training modules in Canada, the U.S. and Hong Kong. She is an experienced

group and retreat facilitator.

Introductory Workshop Webcast \$20

(If you register for the Beginner Training in March the Introduction fee will be deducted from your training fee.)

For registration and further information contact:

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or

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Somatic Experiencing training may be of particular interest to psychologists, counsellors, social workers, physiotherapists, massage therapists, yoga instructors, spiritual leaders, occupational therapists, nurses, doctors, youth and childcare workers, and those who are in health and wellness professions.