

**Workshop title:** "Sensory Processing Differences correlated to Post Traumatic Stress Disorder (PTSD): Collaborative Approach to Somatic Experiencing Model- Practicum Workshop"

"In this experiential two days workshop we will review the Sensory Integrative theory, its relationship to fragmentation and trauma, while exploring practical strategies for addressing Trauma Recovery. We will be integrating the Sensory Integration and Somatic Experiencing Models as the core foundation to bring the nervous system into regulation."

**About the presenter:**

Ana do Valle, OTR, SEP is an occupational Therapist and body centered therapist who specializes in self regulation related to trauma and sensory integration dysfunction. She has experience working with physical disabilities related to trauma and dissociation. She has studied cross cultural perspectives of trauma with Indigenous and rural communities in South America. She is certified in Sensory Integration, NDT and Somatic Experiencing (a body centered approach for trauma recovery). She graduated in 1983 at the Federal University in Brazil. She teaches internationally in the area of trauma recovery. She has a private practice in Boulder, CO. For additional information please look at [www.anadovalle.net](http://www.anadovalle.net)

**Registration:**

Brasil, November 2011: Practicum workshop - [vivircm@gmail.com](mailto:vivircm@gmail.com)

Texas, Austin - February 2012: Practicum workshop: [xicorrea@yahoo.com](mailto:xicorrea@yahoo.com)

Minnesota- March 2012: Theory and Practicum: <http://www.pdppro.com/32.shtml>

Canada, Saskatoon- July 2012: Practicum workshop: [KUCJ@stf.sk.ca](mailto:KUCJ@stf.sk.ca)

**Cost:** please check with coordinators (\$450- \$650 including materials)

Sensory Processing Disorder is a disorder of discrimination and integration of sensory messages from all the body's senses that results in disruption of normal sensory perception, including both enhanced and diminished sensitivity. SPD is recognized as a major contributor to impaired self regulation among children and adults. It is commonly present in behavioral disorders including anxiety disorder, depression, addictions, posttraumatic stress disorder, ADHD and learning disabilities, and represents the brain-based substrate for the development of the syndromes of Complex Trauma. It also contributes many poorly understood medical disorders.

This workshop will explore Autonomic Dysregulation (including SPD) in brain physiology and link it with the physiology of trauma. It will present many diseases and syndromes that are related to trauma and SPD.

The Polyvagal Theory and the new theories of dissociation will be emphasized. Somatic Experiencing concepts and model will be integrated in this training. This workshop will provide the link in between sensory motor based intervention and its effectiveness in trauma therapy.

The participants will review case studies and learn activities that facilitate the processing and integration of sensory stimuli, promoting embodiment and autonomic regulation within the nervous system. This workshop is appropriate for healthcare professionals, nurses, physicians, psychologists, social workers, physical and occupational therapists, speech therapists, addictions counselors, body workers, educators, parents and adults with SPD.

**Learning Objectives:**

- 1) Recognize the inter-connection between the body senses and auto/self regulation as well as the importance of addressing sensory processing disorder in trauma recovery (and vice-versa)
- 2) Apply the Sensory Integration Model for treating disorders of trauma (SPD continuum), both mental and physical
- 3) Recognize the relationship in between trauma, sensory processing disorder, and disease
- 4) Learn specific activities/strategies to promote autonomic regulation (children and adults)