

DARe *with* Diane Poole Heller, Ph.D.

The Dynamic Attachment Re-Patterning Experience



DARe Introduction Day
Somatic Attachment Repatterning
Saturday, March 29
6-9 pm

Registration and Info at
www.dr Dianepooleheller.com
303-790-0603

DARe Module I

Healing Early Attachment Wounds

Embracing the Authentic Self for Longer Lasting Love

March 30 -April 2, 2012 Austin, Texas

Safe Place Community Center, 1515 Grove Blvd.

Helping therapists help individuals develop the ability to make stronger and more secure attachments in their lives.

You will learn:

The hallmarks and relational expressions of Secure, Avoidant, Ambivalent and Disorganized Attachment models in Somatic Attachment.

To identify how over-coupling dynamics between early childhood "family of origin" attachment patterns may play out in adult relationships.

The use of Corrective Experiences to aid in resolving fixed attachment patterns.

How to facilitate "Earned Attachment": a return to healthy Secure Attachment that occurs as you repair and heal early bonding wounds.

Find new ways to release the past so you can live and love fully and abundantly in the present.

\$675.00 Early Registration (before March 1) or \$725.00

DARe

The Dynamics Attachment Re-patterning Experience

DARE guides helping professionals in finding new, deeper connections with their authentic self and others. This series of practical, inspiring, interactive workshops provides you the practical application of essential skills you need for addressing relational dynamics of Secure, Avoidant, Ambivalent/Anxious, Disorganized Attachment Styles.

Diane Poole Heller, Ph.D., author and Trauma and Attachment expert, illuminates Attachment Styles and their dynamics in personal, interpersonal and trans-personal relationships, through integrated body based therapies, cutting edge psychotherapy techniques, and spiritual perspectives.

